

Cycle Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MAIN LINE	BREAKFAST						
	French Toast Sticks (3619) Bacon (608)	Original Pancakes (616) Turkey Sausage Links (5828)	Cinnamon French Toast (615.13) Pork Sausage Link (1125)	Banana Pancakes (4820) Bacon (608)	French Dipped Waffles (615.9) Turkey Sausage Patty (45075)	Cinnamon Maple Pancakes (19558.1) Turkey Sausage Patty (45075)	French Toast (615.13) Corned Beef Hash (42695)
	Turkey Sausage Patty (45075)	Sausage Gravy & Biscuit (3872 & 332.3)	Turkey Sausage Patty (45075)	Turkey Sausage Links (5828)	Pork Sausage Patty (2060)	Pork Sausage Links (1125)	Turkey Sausage Links (5828)
	Tator Tots (1178)	Home Fries (772)	Hash Browns (552)	Home Fries (772)	Tator Tots (1178)	Home Fries (772)	Hash Browns (552)
	Plain Scrambled Eggs (2032.23)	Plain Scrambled Eggs (2032.23)	Plain Scrambled Eggs (2032.23)	Plain Scrambled Eggs (2032.23)	Plain Scrambled Eggs (2032.23)	Plain Scrambled Eggs (2032.23)	Plain Scrambled Eggs (2032.23)
	Broccoli Quiche (2061)	Scrambled Eggs with Cheddar (4299)	Ham and Cheese Eggs (5668.13)	Spinach & Cheese Quiche (5595)	Scrambled Eggs with Cheese (4299)	Bacon & Cheddar Scrambled Eggs (45074)	Scrambled Eggs with Cheddar (4299)
	<i>Served daily</i>						
Served daily	Omelets or Any Style Egg Prepared to Order (8786.4)	Breakfast Sandwiches Prepare to Order (43582) Buttermilk Biscuits (3872)	Assorted Bagels (1110) Home-style Grits (612)	Whole Grain English Muffins (1409) Oatmeal w/Brown Sugar & Raisins (3428.10)	Assorted Mini Muffins & Danishes (45097) Assorted Jellies, Whipped Butter, Cream Cheese Spreads & Peanut Butter (45098)	Freshly Cut Fruit (8278)	Regular(7791) & Non-fat Yogurt (7678)
	Waffle Bar Toppings (45095)	Kellogg's 8 Cereal Selection	Whole Fruits (1638, 1138, 1318)	Assorted 100% Juices	Fountain Beverages	Whole (3889), 2%(14924), Skim(14925) & Choc Milk(3851)	Spectrum Purified Water
MAIN LINE	LUNCH						
	Blackened Chicken Breast (46000) Jerk Chicken and Shrimp (3712)	Turkey Pot Pie with Biscuit Topping (4704) Roast Beef Au Jus (967)	Savory Fried Chicken (45024) Baked Catfish w/ Tomato Corn Relish (64882)	37th Street Creole Chicken (44890)	Southern Fried Fish (446.1) Turkey Meatloaf (7738)	Beef Chili Con Carne (4843.13)	Carved Smoked Ham (9010.1)
	Lima Beans (1277.2) Dirty Rice (548.1) Linguine	Seasoned Brown Rice (5315.2) Corn on the Cob (26035) Au Gratin Potatoes (561.5) Glazed Carrots (524)	Braised Collard Greens (751.6) Pinto Beans (41885)	Steamed Broccoli Spaghetti Squash (64873)	Fried Potatoes (14120) Orzo Pilaf (7727)	Cilantro Lime Rice (23192.6) Stir Fry Vegetables (3540.10)	Mashed Potatoes with Gravy (977) Vegetable Medley (43544)
VEGETARIAN	Roasted Zucchini with Tomatoes (8122.10)	Vegetable Monterey Casserole Au Gratin (4472.2)	Twice Baked Vegetables and Potatoes (57581)	Pasta with Garden Bolognese Sauce (19985.2)	Vegetable Lasagna (1375.7)	Chili Rellenos Casserole (1481)	Zucchini and Goat Cheese Stuffed Sweet Potatoes (8989.1)
SOUP	Chicken and Wild Rice (13848)	Corn Chowder (3502)	Twelve Veggie (68589)	Potato Leek (4537)	Southwest Tortilla (4469)	Thai Coconut Curry Soup (16511)	Black Bean Soup (4468)
	Barley and Creamy Lentil (68769)	Split Pea & Ham (13300)	Baked Stuffed Potato (3505)	Roasted Eggplant (68770)	Three Bean and Swiss Chard (75663)	Curried Rice & Lentil (13840)	Tomato Basil Bisque (3506)
Grill	Chicken Sandwich (3631.3)	Corn Dog (10958)	Mushrooms Swiss Turkey Burger (60343)	Hot Dog (6062) or Sausage (42869)	Chicken Tender Basket (11332)	Fish Sandwich (4451.2)	Trainwreck Fries 27463
	French Fries 3/8 (39862)	Onion Rings 3/8 (539)	Curly Fries (769)	Shoestring Fries (5682)	French Fries 3/8 (39862)	Onion Rings 3/8 (539)	Curly Fries (769)
	Grilled Veggie Burger (4405.11) **Daily	Grilled Veggie Burger (4405.11) **Daily	Grilled Veggie Burger (4405.11)	Grilled Veggie Burger (4405.11)	Grilled Veggie Burger (4405.11)	Grilled Veggie Burger (4405.11)	Grilled Veggie Burger (4405.11)
Pizza	Sausage Pizza (14403.10) Cheese (1551.21) & Pepperoni Pizza (1551.19)	Buffalo Chicken Pizza (26311.12) Cheese (1551.21) & Pepperoni Pizza (1551.19)	Meatball Pizza (1551.22) Cheese (1551.21) & Pepperoni Pizza (1551.19)	Steak & Cheese Calzone (9072.1) Cheese (1551.21) & Pepperoni Pizza (1551.19)	Chicken Ranch Pizza (1551.18) Cheese (1551.21) & Pepperoni Pizza (1551.19)	Meat Supreme Pizza (4260) Cheese (1551.21) & Pepperoni Pizza (1551.19)	Bacon Cheddar Pizza (14403.35) Cheese (1551.21) & Pepperoni Pizza (1551.19)
	Three Cheese Calzone (7857)	Italian Peppers & Onions Calzone (4527)	Four Cheese Stromboli w/ Broccoli (45939.17)	Cinnamon Dessert Pizza (14403.5)	Italian Calzone (15837)	Broccoli & Spinach Calzone (7857)	Breakfast Pizza w/Egg & Sausage (3370)
	GARLIC KNOTS, BREAD STICKS, GARLIC BREAD, MARINARA SAUCE, TO BE OFFERED DAILY						
Pasta Station	Rotini (42892), Penne (42893), or Linguini(42895) Pasta Meat (5822.4), Marinara (986) & Alfredo (28973.2) Sauce Garlic Bread (5261)& Bread Stix (5262)	Rotini (42892), Penne (42893), or Linguini(42895) Pasta Meat (5822.4), Marinara (986) & Alfredo (28973.2) Sauce Garlic Bread (5261)& Bread Stix (5262)	Rotini (42892), Penne (42893), or Linguini(42895) Pasta Meat (5822.4), Marinara (986) & Alfredo (28973.2) Sauce Garlic Bread (5261)& Bread Stix (5262)	Rotini (42892), Penne (42893), or Linguini(42895) Pasta Meat (5822.4), Marinara (986) & Alfredo (28973.2) Sauce Garlic Bread (5261)& Bread Stix (5262)	Rotini (42892), Penne (42893), or Linguini(42895) Pasta Meat (5822.4), Marinara (986) & Alfredo (28973.2) Sauce Garlic Bread (5261)& Bread Stix (5262)	Rotini (42892), Penne (42893), or Linguini(42895) Pasta Meat (5822.4), Marinara (986) & Alfredo (28973.2) Sauce Garlic Bread (5261)& Bread Stix (5262)	Rotini (42892), Penne (42893), or Linguini(42895) Pasta Meat (5822.4), Marinara (986) & Alfredo (28973.2) Sauce Garlic Bread (5261)& Bread Stix (5262)
Specialty Salads	Waldorf Apple Pecan Salad (5876.3)	Tortellini Caesar Salad (4022.1)	Loaded Potato Salad 34989	Dilled Cucumber Salad (35077)	Broccoli and Red Onions (35086.2)	Black Beans with Tomato Salad (1155.1)	Confetti Pasta Salad (28563.1)
	Featuring a daily specialty sandwich, fresh selection of grilled sliced vegetables, 6 toppings*, turkey, ham, roast beef ,corn beef, chicken or tuna salad. Featuring assorted wrap's, rye, whole grain, sub & wheat breads.						
DELI STATION	Caribbean Black Bean Wrap 19931	Turkey Rachel (25090.4)	Roast Beef & Horseradish Aioli Sandwich (1085.2)	Cajun Chicken Breast with Pepper Jack Cheese (4638.2)	American Hoagie (4742)	Turkey Club Sandwich (White Toast) (3470)	Ginger Vegetable Salad Wrap (44947)
	Tossed Side Salad (7845.7)	Coleslaw (17429)	Potato Chips (1774)	Sweet Potato Chips (3595)	Vegetable Antipasto Salad (4746)	Trinity Pickle (43650)	Pretzels (7083)
Dessert	Southern Sweet Potato & Pecan Bars (29536) Assorted Cookies Selection (8247) Pudding Of The Day (45102) Chilled Selections of Jell-O (4427.1)	Mini Red Velvet Cupcake with Cream Cheese Frosting (22265.2) Assorted Pies (45103) Pudding Of The Day (45102) Chilled Selections of Jell-O (4427.1)	Peach Cobbler (202) Assorted Cookies Selection (8247) Pudding Of The Day (45102) Chilled Selections of Jell-O (4427.1)	Strawberry Cake (226) Assorted Pies (45103) Pudding Of The Day (45102) Chilled Selections of Jell-O (4427.1)	Apple Cake (236.4) Assorted Cookies Selection (8247) Pudding Of The Day (45102) Chilled Selections of Jell-O (4427.1)	Fruit Tart (5255) Assorted Pies (45103) Pudding Of The Day (45102) Chilled Selections of Jell-O (4427.1)	Chocolate Cake (5038) Assorted Pies (45103) Pudding Of The Day (45102) Chilled Selections of Jell-O (4427.1)
Main Line	DINNER						
	Beef Fajita w/ tortilla (5171.4)	Szchuan Pork Stir Fry (47607)	Roast Beef and Gravy (5912)	Beer Battered Cod 428	Ginger Mustard Pork Chop (57601)	Chicken with Provencal Sauce	Old Bay Fried Chicken Wings (26414.21)
	Seafood Paella (4005)	Smokey Spicy Chicken (28153.2)	Chicken Broccoli Casserole (42773)	General Tso's Chicken (59873)	Shrimp Alfredo (1043.1)	Rotisserie Cuban Pork (27812)	Turkey Meatloaf with Ketchup Glaze (7738.10)
	Creamed Spinach (3235)	Sugar Snaps (5745.11)	Smashed Potatoes (45038.1)	Jasmine Rice	Baked Potatoes	Roasted Cauliflower (33992.10)	White Rice w/ Gravy
	Black Bean (20007.1)	Roasted Root Vegetables (8289.3)	Zucchini w/ tomatoes (8122.1)	Garlic Roasted Potatoes (3245.8)	Buttered Corn (522)	Ratatouille (27123)	Grilled Vegetable Medley (5294)
	Black Eyed Peas (736)	Brown Rice (16861.1)	Cheesy Cauliflower (4958)	Sauteed Green Beans (10520.2)	Penne Alfredo (1507.4)	Buttered Egg Noodles (557)	Scalloped Potatoes (27114)
VEGETARIAN	Curried Potatoes (43604)	Peas & Carrots (43603)	Roasted Zucchini and Tomatoes (8122.10)	Roasted Zucchini and Tomatoes (8122.10)	Steamed Carrots (4953)	Roasted Red Bliss Potatoes (3315)	Fresh Green Beans (1799)
	Garden Fresh Paella (27989)	Ratatouille Casserole (2012.2)	Cheddar Broccoli Casserole (30442)	Sweet and Sour Gardenballs (44067.1)	Wild Mushroom Sauce with Cheese Ravioli (44994)	Vegetable Stroganoff with Noodles (4470.1)	Shepherd's Pie with Onions, Peas & Corn (19950)
EXHIBITION	Burrito Bar (11064.1)	Pancake Bar (45095.1)	Chicken Wing Toss (44825)	18 Items Salad Bar Daily Mandarin Orange Popcorn Chicken (4487.4)	Nachos with Beef (42007)	Omelet Bar (8786.9)	Omelet Bar (8786.9)